

Karen Drucker

Songs of the Spirit I

1. Oh Mother God

Words: Kelly Sue & Karen Drucker * Music: Karen Drucker

2. Are You Ready To Receive?

Words & Music: Karen Drucker

3. God Is My Source

Words & Music: Karen Drucker

4. I Am The One Within You

Words: Janet Carol Ryan * Music: Karen Drucker

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Words: Karyl Huntley, Daniel Barwick, Michael Sakir, Doris Jones * Music: John Hoy & Karen Drucker

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11. Loving Kindness

Traditional Buddhist Prayer

Produced by Karen Drucker

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For Additional copies / information / or other albums:

Karen Drucker * TayToones Music * P.O. Box 134 * Mill Valley * CA * 94942

Karen Drucker: Vocals, keyboards
John Hoy: guitar, bass, drum programming
Annie Stocking: backup vocals, vocal
arrangements

Maye Cavallaro: backup vocals, vocal
percussion
Larry Walker: percussions
Reverend Karyl Huntley: spoken word

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Are You Ready To Receive

words & music: Karen Drucker

Are you ready to receive
Are you ready to receive
Are you ready to receive
the gifts of the Goddess...

I am ready to receive
I am ready to receive
I am ready to receive
I am ready to receive the gifts of the Goddess...

Are you ready to be healed
Are you ready to be healed
Are you ready to be healed
from the gifts of the Spirit...

I am ready to be healed
I am ready to be healed
I am ready to be healed
I am ready to be healed from the gifts of the Spirit...

I am ready to receive
I am ready to receive
I am ready to receive
I am ready to receive the gifts from the Universe...

God Is My Source

words & music: Karen Drucker

God is my source

God is my power

God gives me everything I need

So I give thanks

for all my blessings

God gives me everything I need...

(substitute God with : Love, Joy, Peace, etc.)

How Could Anyone Ever Tell You

words & music: Libby Rodrick

How could anyone ever tell you
you were anything less than beautiful
how could anyone ever tell you
you were less than whole
How could anyone fail to notice
that your loving is a miracle
and how deeply you're connected to my soul..

I Am The One Within You

words: Janet Carol Ryan
music: Karen Drucker

I am the infinite presence

I am the one in all

I am the truth in beauty

the answer to Spirits call

I am the one within you (ever present ever near)

I am the one you seek (whispering softly in your ear)

within your heart there is a doorway (step through into the light)

the arms of love await you

with these golden wings take flight...

I Give Myself Permission

words & music: Karen Drucker
spoken word: Nelson Mandela's
1994 Inaugural speech by
Marianne Williamson

I give myself permission

to be all I can be

I give myself permission

to live passionate and free...

This chant can be divided up into groups where one is singing the chant and the other group is singing in the spaces "I Can, I Will, I Am, Do It!..." or any other phrases that are powerful and meaningful.

I Send My Love
(Anastasia's Song)

words: Joyce Ripp
music: Karen Drucker

I send my love over the mountains

I send my love over the sea

I send my love into the heavens

and it returns to me...

(substitute love with: Joy, Power, Peace,

Passion, Abundance, Laughter, Faith, etc.)

This is another chant that works well with movements. I've had people in a circle and we start with our hands on our hearts going into the movements of a mountain, of a flowing ocean, and then hands up into the heavens, then returning back with each hand going over your heart. It also works well for people to call out another quality they want to sing.... there can be endless possibilities you can substitute!

Loving Kindness

traditional Buddhist prayer

May I be filled with loving kindness
May I be well
May I be peaceful and at ease
May I be happy...

May you be filled with loving kindness
May you be well
May you be peaceful and at ease
May you be happy....

May we be filled with loving kindness
May we be well
May we be peaceful and at ease
May we be happy

I am filled with loving kindness
I am well
I am peaceful and at ease
I am happy....

Oh Mother God

Words: Kelly Sue & Karen Drucker
Music: Karen Drucker

Oh Mother God
flowing through our hearts
we give thanks
for the bread of our lives
for the hands in the earth
and the fruit of your womb
Oh Mother God blessed be
Oh Mother God blessed be...

Oh Mother God
thank you for this day
for the love that you wash over me
and this joy in my heart
I will share with the world
Oh Mother God blessed be
Oh Mother God blessed be...

The Healing Song

words: Karyl Huntley, Daniel Barwick
Michael Sakir, Doris Jones
music: Karen Drucker & John Hoy

Joy fills every cell in my body
every cell is alive with love
I relax into the healing process
I allow Spirit to do what it does...

(substitute Joy with : Peace, God, Love)

This affirmation/chant came about by visiting my wonderful friend Reverend Karyl Huntley in the hospital where she had just undergone surgery for breast cancer. This affirmation was written by her family and was put up on the wall where she could see it every day. I was there with my musical partner John, and after giving her a private musical concert, we saw this affirmation on the wall, and a song was born. Karyl sang it when she went in for chemotherapy, and now she is cancer-free and doing great. I have heard that people are using this song for any kind of healing that they need, and are taking it into surgery, and any time they need comfort. It is my hope that this chant finds its way into hospitals and healing support groups.....

The Praising Prayer

words: Lloyd Strom
music: Karen Drucker

I praise my life
I raise my life
in the name of love...

(substitute with: world, neighbor, sister,brother, family,
the children, my church, my mother, my father, myself, etc.)

This is a great chant to use with movements. As with all of these chants, feel free to make up your own, but this movement comes from Lloyd Strom who wrote the lyrics, and it is really powerful to see a group of people all raising their arms together in praise...

I praise my life....



I raise my life....



In the name of love...



Woman's Spirit

words & music: Marvella McPartland
& Lynn Fuqua

Woman's Spirit is beauty
Woman's Spirit is deep
Woman loves with compassion
our perfection is complete...

Woman's Spirit is graceful
Woman's Spirit is wise
Woman's Spirit is moving
bringing love into our lives...

Woman's Spirit is passion
Woman's Spirit is birth
Woman's power unfolding
to honor life on earth...